

# PSHE Lessons and Assembly sequencing 2025-2026 Term 2

KEY

Life beyond School/Careers	Health and Well being	Staying safe online and offline	Celebrating Diversity and Equality	Relationships and Sex Education	Rights, responsibilities and British values
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SPRING TERM 2.1										
WEEK	Year 7		Year 8		Year 9		Year 10		Year 11	
Term 2.1 - Week 1	Consent and Boundaries PSHE Lesson	Revision skills Assembly	Relationships and Sex Education PSHE Lesson	Revision skills Assembly	Sexual Consent and the Law PSHE Lesson	Revision skills Assembly	Alcohol, parties and bad choices PSHE Lesson	Revision skills Assembly	Revision Skills Assembly	
Term 2.1 - Week 2	Charity and Social Action Assembly		Charity and Social Action Assembly		Charity and Social Action Assembly		Charity and Social Action Assembly		Charity and Social Action Assembly	
Term 2.1 - Week 3	Respect and Boundaries PSHE Lesson	How to be happy Assembly	Healthy, respectful relationships PSHE Lesson	How to be happy Assembly	Relationships and partners PSHE Lesson	How to be happy Assembly	Sexualisation of the media PSHE Lesson	How to be happy Assembly	Financial - borrowing PSHE Lesson	How to be happy Assembly
Term 2.1 - Week 4	Substance misuse Assembly		Substance misuse Assembly		Substance misuse Assembly		Substance misuse Assembly		Substance misuse Assembly	
Term 2.1 - Week 5	Friendships and Online relationships PSHE Lesson	It's good to talk Assembly	Dealing with conflict PSHE Lesson	It's good to talk Assembly	Domestic abuse PSHE Lesson	It's good to talk Assembly	Child on Child abuse PSHE Lesson	It's good to talk Assembly	Financial - Pay slips and taxes PSHE Lesson	It's good to talk Assembly
Term 2.1 - Week 6	Safer Internet Day Assembly		Safer Internet Day Assembly		Safer Internet Day Assembly		Safer Internet Day Assembly		Safer Internet Day Assembly	
Term 2.1 - Week 7	What does it mean to be a man today? Assembly	Global Governments PSHE Lesson	Consent - Pol Ed PSHE Lesson	Global Governments Assembly	Sexual harassment and stalking PSHE Lesson	Global Governments Assembly	Child on Child abuse PSHE Lesson	Global Governments Assembly	British Values PSHE Lesson	Global Governments Assembly
EXTRA ACTIVITIES		NHS Talk			RSE sessions: Sex and the Law (Consent/FGM) in house team Budgeting workshops	RSE sessions: Delaying sexual activity (in house team) Drugs talk	Visit to Newcastle College/ Sixth Form	Extremism Talks		
EXTERNAL INPUTS	VRU Police	Healthy Minds	NHS	VRU Police	Wizeup		Newcastle College		VRU Police	

SPRING TERM 2.2										
WEEK	Year 7		Year 8		Year 9		Year 10		Year 11	
Term 2.2 - Week 1	National Careers week (ASP) Assembly		National Careers week (ASP) Assembly		National Careers week (ASP) Assembly		National Careers week (ASP) Assembly		National Careers week (ASP) Assembly	
Term 2.2 - Week 2	Avoiding gangs and criminal behaviour PSHE Lesson	Young Carers Assembly	Substance Misuse PSHE Lesson	Young Carers Assembly	What is a drug? PSHE Lesson	Young Carers Assembly	Honour Based Violence PSHE Lesson	Young Carers Assembly	Contraception/STIs - in class PSHE Lesson	
Term 2.2 - Week 3	Cyber Footprint Assembly		Cyber Footprint Assembly		Cyber Footprint Assembly		Cyber Footprint Assembly		Cyber Footprint Assembly	
Term 2.2 - Week 4	Online gaming, grooming and addiction PSHE Lesson	Financial scams Assembly	Online grooming PSHE Lesson	Financial scams Assembly	Addictions PSHE Lesson	Financial scams Assembly	Social media validation PSHE Lesson	Financial scams Assembly	Apprenticeship Awareness PSHE Lesson	Financial scams Assembly
Term 2.2 - Week 5	Community Participation Assembly		Community Participation Assembly		Community Participation Assembly		Community Participation Assembly		Community Participation Assembly	
EXTRA ACTIVITIES					Career convention		Career convention		RSE sessions: Contraception /STIs/Local Services (in house team)	Career convention
			RSE sessions: Intro to contraception (in house team)	RSE sessions: Positive and healthy relationships (in house team)	RSE sessions: Sex and the Law (Consent/FGM) in house team	RSE sessions: Delaying sexual activity (in house team)		35+ external employers/ providers		35+ external employers/ providers
EXTERNAL INPUTS				35+ external employers/ providers	Show racism the red card					
EXTERNAL INPUTS									Wednesday 29th January/Wedn	Year 11 Apprenticeship application