PSHE Lessons and Assembly sequencing 2025-2026

KEY

- Life beyond School/Careers
- Health and Well being
- Staying safe online and offline
- Celebrating Diversity and Equality
- Relationships and Sex Education
- Rights, responsibilities and British values

AUTUMN TERM 1.1

WEEK	Year 7		Year 8		Year 9		Year 10		Year 11	
Term 1.1 - Week 1	Welcome back and reset of expectations (DRT)		Welcome back and reset of expectations (DRT)		Welcome back and reset of expectations (DRT)		Welcome back and reset of expectations (DRT)		Welcome back and reset of expectations (DRT)	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.1 - Week 2	What is PSHE?	E-safety	Proud to be me	E-safety	From Failure to success	E-safety	Your online data	E-safety	Positive Mindset	E-safety
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.1 - Week 3	School Councils		School Councils		School Councils		School Councils		School Councils	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.1 - Week 4	Getting to know people	Safeguarding CSE	Careers and Aspirations	Safeguarding CSE	Saving and mananging money	Safeguarding CSE	Rights and Responsibilities	Safeguarding CSE	Understanding memory	Safeguarding CSE
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.1 - Week 5	What is consent?		What is consent?		What is consent?		What is consent?		What is consent?	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.1 - Week 6	Careers and your future	World Mental Health Day	Self esteem and the media	World Mental Health Day	Finance and employment	World Mental Health Day	Employment/ consumer rights	World Mental Health Day	Future Skills Questionnaire	
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.1 - Week 7	Diversity and Tolerance Black History Month		Diversity and Tolerance Black History Month		Diversity and Tolerance Black History Month		Diversity and Tolerance Black History Month		Diversity and Tolerance Black History Month	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.1 - Week 8	Transition points in your life	Positive Relationships	Happiness	Positive Relationships	Social media	Positive Relationships	Understanding a pay check	Positive Relationships	Post 16 choices	Positive Relationships
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
EXTRA ACTIVITIES				BAE Systems talk						Employability Day
THEMES										
EXTERNAL INPUTS				BAE Systems						

AUTUMN TERM 1.2

WEEK	Year 7		Year 8		Year 9		Year 10		Year 11	
Term 1.2 - Week 1	British Values		British Values		British Values		British Values		British Values	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.2 - Week 2	Personal Hygiene	Anti Bullying Week	Health and Wellbeing	Anti Bullying Week	How self esteem changes	Anti Bullying Week	Suicidal thoughts and feelings	Anti bullying week	Study Skills	Anti bullying week
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.2 - Week 3	Identity and Belonging		Identity and Belonging		Identity and Belonging		Identity and Belonging		Identity and Belonging	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.2 - Week 4	Growing up	Labour Market Information	Mental Health	Labour Market Information	Bullying in all forms	Labour Market Information	Positive emotional well being	Labour Market Information	Post 16 provider	Labour Market Information
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.2 - Week 5	Individual Liberty and Human Rights		Individual Liberty and Human Rights		Individual Liberty and Human Rights		Individual Liberty and Human Rights		Individual Liberty and Human Rights	
	Assembly		Assembly		Assembly		Assembly		Assembly	
Term 1.2 - Week 6	Self Esteem	Road safety	Types of bullying	Road safety	Cancer prevention	Road safety	Screen time	Road safety	Post 16 provider	Post 16 provider
	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly	PSHE Lesson	Assembly
Term 1.2 - Week 7	The true meaning of Christmas		The true meaning of Christmas		The true meaning of Christmas		The true meaning of Christmas		The true meaning of Christmas	
	Assembly		Assembly		Assembly		Assembly		Assembly	
EXTRA ACTIVITIES	Anti Bullying week		Anti Bullying week		Anti Bullying week		Anti Bullying week		Anti Bullying week	
									NE Careers event	Careers Information evening
THEMES										
EXTERNAL INPUTS									DWP	