



PSHE Learning Journey

Year 8



- SKILLS DEVELOPED: TEAMWORK & LEADERSHIP, PUBLIC SPEAKING, PROBLEM SOLVING, CREATIVITY & INNOVATION, DECISION MAKING, RESILIENCE & STAYING POSITIVE, PLANNING & ORGANISATION, SKILLS DEVELOPED

YEAR 9

YEAR 8

- Desert Island - Living
- Desert Island - Building a Community
- Desert Island - Making Decisions

CITIZENSHIP
BRITISH VALUES

LAW, CRIME & SOCIETY

CODE THEME 1

YEAR 8

EQUALITY & DIVERSITY EXPLORED

CITIZENSHIP
PSHE
EQUALITY

- Equality Act 2010
- Racism & Discrimination in Society

CODE THEME 2

YEAR 8

- Substance Misuse
- Online Grooming
- Child Exploitation & Online Protection

STATUTORY HEALTH & RSE
DRUGS EDUCATION
GANGS

DANGEROUS SOCIETY ONLINE & OFFLINE

CODE THEME 4

YEAR 8

IDENTITY, RELATIONSHIPS & SEX EDUCATION

STATUTORY HEALTH & RSE
PSHE

- Relationships and Sex Education
- Healthy Respectful Relationships
- Dealing with Conflict
- Consent - Pol-ed

CODE THEME 3

YEAR 8

- Health and Wellbeing
- What is Mental Health?
- Types of Bullying

STATUTORY HEALTH
PSHE
WELLBEING

PHYSICAL HEALTH & MENTAL WELLBEING

CODE THEME 5

YEAR 8

PROUD TO BE ME!

GATSBY BENCHMARK 5 - CAREERS -
SMSC
CAREERS

- Proud to be Me
- Exploring Careers and Aspirations
- Self-Esteem and the Media
- The Importance of Happiness

CODE THEME 6

WELCOME

- WORK HARD
- BE KIND
- ASPIRE

Extra sessions throughout the year

Talks:
County Lines
NHS
BAE Systems
CSE

Drop down RSE: :
Contraception
Positive and healthy relationships

Events:
Humanutopia
Anti Bullying Week
Career convention