

PSHE Lessons and Assembly sequencing 2024-2025

KEY

| | | | | | |
|----------------------------|-----------------------|---------------------------------|------------------------------------|---------------------------------|---|
| Life beyond School/Careers | Health and Well being | Staying safe online and offline | Celebrating Diversity and Equality | Relationships and Sex Education | Rights, responsibilities and British values |
|----------------------------|-----------------------|---------------------------------|------------------------------------|---------------------------------|---|

| AUTUMN TERM 1.1 | | | | | | | | | | |
|-------------------|--|--|--|--|--|--|--|--|--|--|
| WEEK | Year 7 | | Year 8 | | Year 9 | | Year 10 | | Year 11 | |
| Term 1.1 - Week 1 | Welcome back and reset of expectations (DRT) | | Welcome back and reset of expectations (DRT) | | Welcome back and reset of expectations (DRT) | | Welcome back and reset of expectations (DRT) | | Welcome back and reset of expectations (DRT) | |
| | Assembly | | Assembly | | Assembly | | Assembly | | Assembly | |
| Term 1.1 - Week 2 | What is PSHE? | E-safety (RF) | Proud to be me | E-safety (RF) | From Failure to success | E-safety (RF) | Your online data | E-safety (RF) | Positive Mindset | E-safety (RF) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.1 - Week 3 | School Councils (CS) | | School Councils (CS) | | School Councils (CS) | | School Councils (CS) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.1 - Week 4 | Getting to know people | Safeguarding CSE (SB) | Careers and Aspirations | Safeguarding CSE (SB) | Saving and managing money | Safeguarding CSE (SB) | Rights and Responsibilities | Safeguarding CSE (SB) | Understanding memory | Safeguarding CSE (SB) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.1 - Week 5 | What is a community? (JHo) | | What is a community? (JHo) | | What is a community? (NC) | | What is a community? (NC) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.1 - Week 6 | Careers and your future | Diversity and Tolerance Black History Month (RP) | Self esteem and the media | Diversity and Tolerance Black History Month (RP) | Finance and employment | Diversity and Tolerance Black History Month (RP) | Employment/cons umer rights | Diversity and Tolerance Black History Month (RP) | Cancer self examination | Diversity and Tolerance Black History Month (RP) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.1 - Week 7 | Types of Abuse (MBI) | | Types of Abuse (MBI) | | Types of Abuse (MBI) | | Types of Abuse (MBI) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.1 - Week 8 | Transition points in your life | Sleep and Relaxation (KH) | Happiness | Sleep and Relaxation (KH) | Social media | Sleep and Relaxation (KH) | Understanding a pay check | Sleep and Relaxation (KH) | Suidy skills | Sleep and Relaxation (KH) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| EXTRA ACTIVITIES | Clubs | Visits | | | | | | | | |
| THEMES | | | | | | | | | | |
| EXTERNAL INPUTS | | | | | | | | | | |

| AUTUMN TERM 1.2 | | | | | | | | | | |
|-------------------|--|---------------------------------|--|---------------------------------|--|---------------------------------|--|---------------------------------|---|--|
| WEEK | Year 7 | | Year 8 | | Year 9 | | Year 10 | | Year 11 | |
| Term 1.2 - Week 1 | Study Skills (SL) | | Study Skills (SL) | | Study Skills (SL) | | Study Skills (SL) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.2 - Week 2 | Personal Hygiene | Anti Bullying Week (SB) | Health and Wellbeing | Anti Bullying Week (SB) | How self esteem changes | Anti Bullying Week (SB) | Suicidal thoughts and feelings | Stress Management (JF) | Apprenticeship Awareness | Stress Management (JF) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.2 - Week 3 | Coping with loss (CB) | | Coping with loss (CB) | | Coping with loss (CB) | | Coping with loss (CB) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.2 - Week 4 | Growing up | Labour Market Information (ASP) | Mental Health | Labour Market Information (ASP) | Bullying in all forms | Labour Market Information (ASP) | Positive emotional well being | Labour Market Information (ASP) | | Labour Market Information (ASP) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.2 - Week 5 | Individual Liberty and Human Rights (AP) | | Individual Liberty and Human Rights (AP) | | Individual Liberty and Human Rights (AP) | | Individual Liberty and Human Rights (AP) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| Term 1.2 - Week 6 | Self Esteem | Body image and advertising (DC) | Types of bullying | Body image and advertising (DC) | Cancer prevention | Body image and advertising (DC) | Screen time | Body image and advertising (DC) | Positive relationships | Body image and advertising (DC) |
| | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly | PSHE Lesson | Assembly |
| Term 1.2 - Week 7 | Healthy Eating (MC) | | Healthy Eating (MC) | | Healthy Eating (MC) | | Healthy Eating (MC) | | | |
| | Assembly | | Assembly | | Assembly | | Assembly | | | |
| EXTRA ACTIVITIES | Clubs | Visits | | | | | | | | |
| THEMES | | | | | | | | | | |
| EXTERNAL INPUTS | | | | | | | | | Thursday 19th December AM ASK | Apprenticeship vacancy guidance |
| | | | | | | | | | Wednesday 29th January/Wednesday 26th March | Year 11 Apprenticeship application workshops ASK (ASP) |